

**Revised Routine for Zoom Online Classes 6 to 10
(effective from Cycle 19 Day 1)**

Class 6 A/B:

	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6
8:00 – 8:40am	Health/Value*	Social	Occupation	Math	Comp	Nepali
9:00 -9:40am	Science	Math	Math	Social	Science	Math
10:00-10:40am	English	Nepali	Science	Nepali	English	Social
3:00-3:40pm	After school activities	After school activities	After school activities	After school activities	After school activities	After school activities
5:30-6:00pm	Examine of Conscience	Examine of Conscience	Examine of Conscience	Examine of Conscience	Examine of Conscience	Examine of Conscience

***Health will be in odd cycle value in even cycle.**

Students are to utilize the time after classes in doing assignments and revision. They are also encouraged to keep a rough copy to take notes questions etc. during class so that the time after classes is gadget free as much as possible.

Class 6 C/D

	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6
8:00 – 8:40am	English	Math	Math	Nepali	English	Math
9:00 -9:40am	Health/Value*	Nepali	Science	Math	Comp	Social
10:00-10:40am	Science	Social	Occupation	Social	Science	Nepali
3:00-3:40pm	After school activities	After school activities	After school activities	After school activities	After school activities	After school activities
5:30-6:00pm	Examine of Conscience	Examine of Conscience	Examine of Conscience	Examine of Conscience	Examine of Conscience	Examine of Conscience

***Health will be in odd cycle value in even cycle.**

Students should utilize the time after classes in doing assignments and revision. They are also encouraged to keep a rough copy to take notes questions etc. during class so that the time after classes is gadget free as much as possible.

Class 7 A/B

	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6
8:00 – 8:40am	Math	Science	Math	Occupation	Math	Science
9:00 -9:40am	Nepali	Health/Value	Social	Comp	Social	Math
10:00-10:40am	Social	English	Nepali	Science	Nepali	English
3:00-3:40pm	After school activities	After school activities	After school activities	After school activities	After school activities	After school activities
5:30-6:00pm	Examine of Conscience	Examine of Conscience	Examine of Conscience	Examine of Conscience	Examine of Conscience	Examine of Conscience

***Health will be in odd cycle value in even cycle.**

Students should utilize the time after classes in doing assignments and revision. They are also encouraged to keep a rough copy to take notes questions etc. during class so that the time after classes is gadget free as much as possible.

Class 7 C/D

	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6
8:00 – 8:40am	Social	Health/Value*	Nepali	Comp	Nepali	Math
9:00 -9:40am	Math	English	Math	Science	Math	English
10:00-10:40am	Nepali	Science	Social	Occupation	Social	Science
3:00-3:40pm	After school activities	After school activities	After school activities	After school activities	After school activities	After school activities
5:30-6:00pm	Examine of Conscience	Examine of Conscience	Examine of Conscience	Examine of Conscience	Examine of Conscience	Examine of Conscience

***Health will be in odd cycle value in even cycle.**

Students should utilize the time after classes in doing assignments and revision. They are also encouraged to keep a rough copy to take notes questions etc. during class so that the time after classes is gadget free as much as possible.

Class 8 A/B:

	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6
8:00 – 8:40am	Nepali	Biology	Computer	Math	Social	Health
9:00 -9:40am	Math	Math	Math	Physics	Math	Social
10:00-10:40am	Chemistry	Opt. Math	English	Nepali	Biology	English
	Naitik	Occupation	Physics
3:00-3:40pm	After school activities	After school activities	After school activities	After school activities	After school activities	After school activities
5:30-6:00pm	Examine of Conscience	Examine of Conscience	Examine of Conscience	Examine of Conscience	Examine of Conscience	Examine of Conscience

***Students should utilize the time after classes in doing assignments and revision. They are also encouraged to keep a rough copy to take notes questions etc. during class so that the time after classes is gadget free as much as possible.**

Class 8 C/D:

	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6
8:00 – 8:40am	English	Math	Opt. Math	Physics	Nepali	Social
9:00 -9:40am	Chemistry	Biology	English	Math	Biology	Physics
10:00-10:40am	Math	Computer	Math	Social	Math	Nepali
11.00-11.40am	Occupation	Health	Naitik
3:00-3:40pm	After school activities	After school activities	After school activities	After school activities	After school activities	After school activities
5:30-6:00pm	Examine of Conscience	Examine of Conscience	Examine of Conscience	Examine of Conscience	Examine of Conscience	Examine of Conscience

***Students should utilize the time after classes in doing assignments and revision. They are also encouraged to keep a rough copy to take notes questions etc. during class so that the time after classes is gadget free as much as possible.**

Class 9 A/B

	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6
8:00 – 8:40am	Opt. Math/Eco	Math	Math	Physics	Math	Opt. Math/Eco
9:00 -9:40am	English	Nepali (1:00pm)	Health	Math	Biology	Math
10:00-10:40am	Chemistry	Comp/Acc.	Physics	Social	Nepali (1:00pm)	Biology
11.00-11.40am	Chemistry	English	Social
5:30-6:00pm	Examine of Conscience	Examine of Conscience	Examine of Conscience	Examine of Conscience	Examine of Conscience	Examine of Conscience

***Students should utilize the time after classes in doing assignments and revision. They are also encouraged to keep a rough copy to take notes questions etc. during class so that the time after classes is gadget free as much as possible**

Class 9 C/D

	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6
8:00 – 8:40am	Chemistry	Comp/Acc.	English	Biology	Biology	Nepali
9:00 -9:40am	Opt. Math/Eco	Math	Physics	Social	Math	Chemistry
10:00-10:40am	English	Nepali	Math	Math	Social	Math
11.00-11.40am	Physics	Health	Opt. math/Eco
5:30-6:00pm	Examine of Conscience	Examine of Conscience	Examine of Conscience	Examine of Conscience	Examine of Conscience	Examine of Conscience

***Students should utilize the time after classes in doing assignments and revision. They are also encouraged to keep a rough copy to take notes questions etc during class so that the time after classes is gadget free as much as possible**

Class 10 A/B

	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6
8:00 – 8:40am	Physics	Chemistry	Biology	English	Social	Chemistry
9:00 -9:40am	Nepali	Opt. Math/Eco	Math	Math	English	Health
10:00-10:40am	Math	Math	Nepali	Biology	Math	Opt. Math/Eco
11.00-11.40am	Social	Physics	Comp/Acc.
5:30-6:00pm	Examine of Conscience	Examine of Conscience	Examine of Conscience	Examine of Conscience	Examine of Conscience	Examine of Conscience

***Students should utilize the time after classes in doing assignments and revision. They are also encouraged to keep a rough copy to take notes questions etc. during class so that the time after classes is gadget free as much as possible**

Class 10 C/D

	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6
8:00 – 8:40am	Math	Math	Nepali	Math	Math	Bio
9:00 -9:40am	Physics	Social	Bio	Chemistry	Opt. Math/Eco	Social
10:00-10:40am	Nepali	Chemistry	Math	Opt. math/Eco	English	Comp/Acc.
11.00-11.40am	Health	English	Physics
5:30-6:00pm	Examine of Conscience	Examine of Conscience	Examine of Conscience	Examine of Conscience	Examine of Conscience	Examine of Conscience

***Students should utilize the time after classes in doing assignments and revision. They are also encouraged to keep a rough copy to take notes questions etc. during class so that the time after classes is gadget free as much as possible**